



Woodland Clinic[®]

A Service of Dignity Health Medical Foundation

Homegrown Health Event

SAVE THE DATE

April 19, 2025 | 10am to 2pm
Outside our Woodland Clinic
at 2081 Bronze Star Drive.

Get a free vegetable plant, growing instructions, and recipes.

Don't have a garden or backyard at home?

Don't worry, we can also provide the soil and pot.

This event will teach:

- The rewarding experience of growing your own food
- How to make healthy eating choices
- The importance of eating a nutritious diet

<https://homegrownhealth.net>

